

The Hilltop Herald

VOL. I NO. VIII

SEATTLE, MONDAY, OCTOBER 5, 2020

NEW THINGS TO COME

By Shelby Barnes
Activity Coordinator



Another month, another season. As 2020 whips by, it feels as if March and the challenges with it were just yesterday. As we adjust to our new realities, our ways of living too must adjust with it. Hilltop has been working to mold itself to the new climate which it has been presented, resulting in the birth of new ideas and creative outlets. Check out the projects below that different departments at Hilltop are launching.

Garden Café: On October 19th, the Garden Cafe will open Monday through Friday for lunch and dinner reservations with limited seating in accordance with local health and safety regulations. Reservations must be made with the main office by 11:00 am at the latest on the date a reservation is being requested. You must also have menu tickets for the reservation filled out by that time, as well. We're excited and hope you are too!

-Sharif Ball, Head Chef

Pumpkin Contest: Howdy y'all! It's been a minute since I've been able to sit down with you and crack a cold one open. All jokes aside, I've noticed the leaves changing, and with it, the season. To kick off the Fall, I will be holding a Pumpkin decorating contest between residents.

Starting on Monday, October 5, I will be posting on each floor bulletin board guidelines as to how to participate in the contest. Hilltop will be supplying the pumpkins, and residents will be responsible for using their own creative tools to make a spook-tastic wonder. Look forward to seeing your entry! There will be prizes.

-Shelby Barnes, Activity Coordinator

Recycle your own Batteries and Lightbulbs: No need to come to the front office to recycle your lightbulbs and batteries! Hilltop has put blue recycle bins in the room where the old vending machines used to be. This room resides in the Library, which is in the basement. Day or night, residents can now recycle these materials at their leisure.

Please only put batteries in the battery bin and lightbulbs in the lightbulb bin. There will be an image on the front of each recycle bin to clarify. Happy recycling!

-Hilltop Front Office

SERVICE COORDINATOR: Vote, Vote, Vote!

By Karen Carlos
Service Coordinator

“Voting is the expression of our commitment to ourselves, one another, this country, and this world.” Sharon Salzberg

Just in case you didn't hear, there is an important election being held on November 3, 2020. Here is some information you need to know.

- October 13, 2020 Local Election Voters' Pamphlets Will Be Sent Out
- October 14, 2020 General Election Voters' Pamphlets Will Be Sent Out
- October 15, 2020 Ballot Drop Boxes Open
- October 26, 2020 Deadline to Register or Update Voter Registration Online or Mail
- November 3, 2020 Last Day to Register to Vote in Person
- November 3, 2020 Election Day

Mail-in Ballot: No postage necessary. Must be postmarked by Election Day. It is recommended you drop your ballot in the mail by the Friday before Election Day to make sure it gets post-marked in time to be **counted**. Your ballot must be postmarked by Election Day.

Ballot Drop Boxes Near Hilltop House:

- Seattle Central College Broadway-Edison Building (NE Corner) 1701 Broadway Seattle, WA
- 98122 Garfield Community Center 2323 E Cherry Street Seattle, WA 98122

More Information:

Contact King County Elections
<https://www.kingcounty.gov/depts/elections>
206-296-8683

Or See Karen.



THE WORD OF THORNTON

By Thornton Bowman
Executive Director

Welcome to Fall. Here are some things to know:

- Sadly, we recently said goodbye to Fleeta Bair and Linda Zee. They will be missed.
- Happily, since the last edition of the Herald went out, we have some new residents at Hilltop. A sincere welcome to En Shu Pan, Zhu Li, Teresa Newman, Thomas Anderson, Apostolos Skordas, and Donald Glick.
- We have worked with Western Exterminators to determine the best way to re-start our pest control services. As most of you know we haven't allowed the routine pest control program since we began our Covid response. Unfortunately, bed bugs and other such critters don't care too much about viruses. With heightened precautions by Western, Hilltop will begin treatments again starting in October. Look for posted signs.
- Kisha Oliver is here 5 nights a week watching the cameras and our front doors. Come down and say hello if you're up in the night. Buy a stamp or talk about the weather.
- Several people's newspapers keep being taken. Please do not take a paper that you haven't paid for.

NEWS FROM MANAGEMENT

By Hilltop Management

Hilltop's management team meets weekly to talk about Hilltop affairs, projects and concerns. Here are a few things that management wanted to share with the residents of Hilltop.

Exterminator Lunches: Beginning Wednesday, October 7th-at 11am. Hilltop will resume its Bed Bug Preventative Maintenance program - but we are adding a Covid twist. During the two hours that you are asked to be away from your apartment, we will be inviting residents from the treated floor to a luncheon in the Garden Café. Beginning at 11am, we will be hosting discussions on our current pandemic situation, asking for thoughts and feedback on Hilltop services, and looking for ideas on how we proceed not only into the winter months, but for possible emergency situations in the future. Residents of Floor Eleven will begin the new soup and salad lunch program, and we will be posting the questions and responses on the admin bulletin board by the following week. Floor Ten residents can look forward to their invitation for Wednesday, October 21st. (Attending the lunch / talk is not required, but unit treatment takes 2 hours.)

A New Grocery Cart: As you may have noticed, the Eldergrow cart has been dismantled and the plants have been repotted and distributed throughout the main floor. With no interest from residents to maintain the Eldergrow cart, we have decided to repurpose it and move it to the activity room. The under-construction sign will soon be replaced with grocery items that will be for sale to residents. We are currently working on cart security, sale date details, and inventory. More information regarding the roll-out of the grocery cart will be available soon.

TIPTOE THROUGH THE TULIPS

Greetings Earthlings,

Firstly, thank you, fellow gardeners, for keeping it steezy (style with ease). Your passion for gardening truly consumes my heart and mind with happiness. Now it's October and the fall season is upon us, and that means we've come very far together through this pandemic. While it is not yet over, we must remember to be thankful that the garden is a gift that keeps giving, no matter what else is happening around us.

Secondly, we all know fall is the time to clean up our garden, even though things are still in bloom and certain plants are still in their whopping cycle. My advice would be to continue to monitor your garden boxes, keeping on top of mold and certain pests. I suggest that you allow your perennials to complete their circle, and be liberal with watering.

Thirdly, I encourage you all to research and explore which plants and/or flowers are recommended for October, November, and December with the idea in mind of keeping your plot lively and entertaining (it's your duty as a gardener, after all). Also, if your lovely potted plants are finished for the year, the higher ups are requesting they be removed from ledges and tucked back into the green house. This is to appreciate the beauty and design of the garden as a whole year round.

Finally, I've had complaints of people over reaching. The complaints are of planting and/or watering other's plots. Please stop doing this unless you have permission to do so, and be respectful of your neighbor's plots.

Before I go, I want to give a big thank you to all of our garden volunteers - you're grrrr rrrrrrrreat! If you are not a volunteer or even a gardener, but would like to change it up a bit and discover a new pastime, please see me about volunteering.

With all of this in mind, please don't feed the pigeons.

Adios!

By AJ
Head Groundskeeper

ANOTHER MAN'S POISON

Fair warning, Gentle Reader, this is about death.

I think the deaths of the good Fleeta and Linda hit so many of us very hard in this crazy 2020 year. And then, coincidentally, I came across this piece I'd written to some other friends almost exactly a year ago. So, friends, I thought I would share it with you in this episode of the Hilltop Herald.

My father really liked the banjo. I'm not really sure what it was about the banjo he liked. He played piano. He never encouraged any of the children to play the banjo. We all picked up the guitar. He could play Your Cheatin' Heart on the guitar. Sort of.

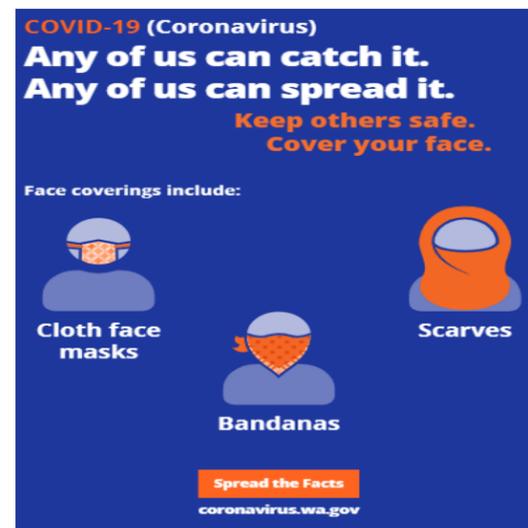
My father disapproved of my moving to New York City when I was 18. He would have disapproved even if I was 25. He was befuddled when I began to study Kung Fu. But I bought an Aria 5 string banjo from a fellow at the Ansonia Hotel for \$150 after a Kung Fu class. That was probably 1981. He liked that.

He thought I knew how to play the banjo. I never knew. Still don't. At best, I learned to play 2 songs: Old Joe Clark and Cripple Creek. Sort of. Maybe as well as somebody played Your Cheatin' Heart.

I pulled out my banjo tonight to play. I still only really have 2 songs to play. Everything else sounds like out of tune variations on a theme. But I was playing it for my father. He might have thought it great.

I miss him.

BETTER SAFE THAN SORRY!



By Laurie Schuster & Demetra Annest
Finance and Operations Dept.

HILLTOP'S NEW NIGHT MANAGER: Kisha Oliver

Hello everyone. My Name is Kisha and I started working here at the beginning of September! I work from 10pm to 6am, Friday through Tuesday. Consider me your new over-night shift employee.

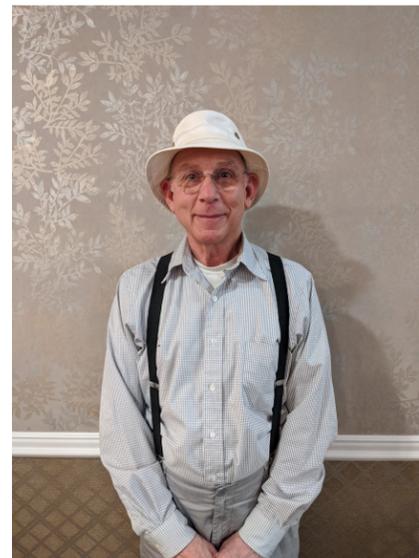
A little about me, I was born and raised here in Seattle, Washington. I grew up in the central district and moved out to the Northgate area when I had my daughter, back in 2002. My daughter just turned 18 this month. This is her last year of high school and we're getting ready for college.

I picked up a second job to cover some of her college expenses, and to help with continuing my own education as well. In 2017 I graduated from Evergreen Beauty College and became a Washington state license nail technician. I specialize in natural nail services.

I looking forward to becoming a medical nail technician and a master pedicurist in the next year. Thanks everyone for the warm welcome here at the Hilltop House. I look forward to meeting everyone!

By Kisha Oliver
Night Manager

WELCOME NEW SEPTEMBER MOVE INS!



Donald Glick
Floor 6



Apostolos Skordas
Floor 6



Thomas Anderson
Floor 5

HILLTOP- AMERICA IN MINIATURE

Here we have a useful place to live. We have a beautiful garden. We have meals for folks who desire them. The building is usually warm and quiet.

For our Health we are located near hospitals and clinics. The metro service has stops close by. Our literature proclaims that all are welcome. All. Just like America we are a diverse community. Not a perfect community just diverse.

As America also Hilltop. A fine place and as America not a perfect place. Each one of us is a human being and because we are human we are not perfect. That means that the society we form is not now and never will be perfect. We can be respectful and growing always toward a goal that is not attainable.

Our ever-present ideal calls for respect for all, helpfulness for all, understanding for all. When we fail to exercise understanding and universal respect, we always have the opportunity to start over, to continue working to make Hilltop house a better Hilltop community tomorrow than it may have been today.

This is a joint effort, a community effort.

By JFS
Relief Manager

COUGAR'S CORNER

Hello friends and neighbors of Hilltop House!

Long time no hear. Like you, I've been in quarantine and have not been feeling particularly inspired to write a column. So, instead I thought I'd share several cat and Covid memes with you.

Cheers!



I don't get it.
This box fit perfectly before quarantine.



By Cougar Schmidt
Duke of Hilltop

THE MORNING BREW CROSSWORD

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20				21		22				23				
		24			25	26			27					
28	29			30					31				32	33
34				35					36					
37			38		39			40	41		42			
43				44		45			46		47			
48					49		50				51			
		52					53				54			
55	56					57				58			59	60
61					62			63	64		65			
66					67						68			
69					70						71			

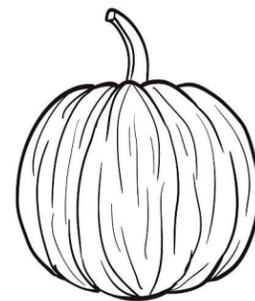
By Kenneth Holt

Across

- | | | |
|--|--------------------------------|--|
| 1) Recipe abbreviation | 31) Frolicking aquatic animals | 61) Attendee |
| 5) Loose, as a gem | 34) Bark sharply | 62) Hands-up times? |
| 10) "Catholic" and "cynic" endings | 35) Command for Capt. Kirk | 65) Missile "house" |
| 14) Geometry solution, sometimes | 36) Fabled moralist | 66) Go on the warpath, verbally |
| 15) Baker's tool | 37) Baltimore's McHenry | 67) Ark contents |
| 16) Dinner or lunch, e.g. | 39) Burrowing creatures | 68) One-Adam-12, for one |
| 17) Arrange in stacks | 42) Eyelid inflammation | 69) Pretending interest in a Picasso, e.g. |
| 18) Type of wrench | 43) Ingredients in lotions | 70) Internet communications company |
| 19) Olympic skater Kulik | 45) Seed's outer covering | 71) This puzzle's the theme |
| 20) Where to find couch potatoes | 47) Entered a race | |
| 22) Tiny apple fancier | 48) Adversaries | |
| 24) Kind of skates | 50) Ship of Columbus | |
| 27) Onetime tadpole | 51) Consultants, at heart? | |
| 28) "Kapow!" | 52) Sweeping, as a story | |
| 30) MasterCard alternative, familiarly | 53) In need of iron, perhaps | |
| | 55) Military supplies | |
| | 58) Fur capitalist of note | |

Down

- | | | |
|--------------------------------------|-------------------------------------|----------------------------------|
| 1) Dancing-shoe attachments | 23) Smidgen | 57) Sheltered and secluded place |
| 2) Con_ (vigorously) | 25) Priest at a mosque | 59) Varied mixture |
| 3) Feature of much therapy | 26) Detective Wolfe | 60) Deteriorates |
| 4) Song of joyful praise | 28) Overwhelmingly | 63) Fuzzy side of leather |
| 5) Springsteen's birthplace, in song | 29) Garlicky mayonnaise | 64) Memorable shell seller |
| 6) Lowest score | 32) Flush preceder | |
| 7) Incredibly easy to understand | 33) All in | |
| 8) "... happily_ after" | 38) Social event in a Carroll novel | |
| 9) Held to its full time, in music | 40) "_ go brag" | |
| 10) Copies | 41) Cosecant's opposite | |
| 11) Like spy tapes? | 44) Not needing to diet | |
| 12) Post office supply | 46) Himalayan holy man | |
| 13) Kill, as a dragon | 49) Perfumer's expertise | |
| 21) Cole_ (side dish) | 54) Magazine monthly | |
| | 55) Indian tourist locale | |
| | 56) Jet engine noise | |





SO YOU THINK YOU GOT IT?

Calling one call all to the sudoku challenge! First resident to solve all four sudoku puzzles will win a prize. It's first come first serve, so get those answers in!

Sudoku
Puzzle
1

		1				9	4	
4		7	8	3		2	1	
9		6	5			8		3
8			6					
				2		1	3	
					3	5		
5	7				2	4	8	
1	6			9			5	
			4	1				7

Sudoku
Puzzle
2

	7	4			9	5		
1				7		8	3	4
3		2			4			1
		1	9	4		6	7	5
	8	6	3	1				
		7	5					3
	2			6	3			
			2		5			
	9					4		





Sudoku
Puzzle
3

			9	8				2
	9					3		5
					4	9		
				1	6			
8		2	7					4
			3					
2	3		5					
		1	6	2	3	5	8	
7	8							

Sudoku
Puzzle
4

5	6		4	9	8			2
	4		1		2	6	5	
		1					8	4
		4	6		9	2	1	5
	2		3					8
8	9			1		3	4	6
	8	3	7	5			2	
		2	9			8		1
	1					5		



THIS MONTH IN HISTORY...

Calling all Hilltop History buffs! If you enjoy trivia and history, then this is the game for you. The first resident to present the correct answers to Shelby at the front desk will win a prize. All questions are related to world history and October.

If you have already won a prize for Sudoku, you may not win a prize for the trivia.

- Q:** *This explosion is first observed from Earth. For weeks, it would appear brighter than any star in the night sky.*

A:
- Q:** *Ending a crisis, the USSR agrees to remove its missiles from this country*

A:
- Q:** *The "Gunfight at the O.K. Corral" occurs in this Arizona frontier town*

A:

ANOTHER MAN'S POISON (Continued)

I've been missing him a lot recently. Not sure why. Maybe it's because his birthday is coming up. He would have been 94. Well, on October 9th he would have been 94. Maybe it's because my wife's dad is coming to visit and she and her dad have a fabulous relationship. They talk almost every day. My dad and I were never very good at phone calls even though we tried. Maybe it's because... well... "the bird is on the wing (the poet says)". Or, maybe, it's just because - which is, sometimes, a perfectly acceptable reason.

Death, in my opinion, is funny in a tragic sort of way. I miss him, yes, but it's rather like a splinter. It's quite bothersome for a time, then it is forgotten for a time until you get a new splinter. Maybe not the best analogy. But death is surprisingly okay. You never get "over it". And you're right to think you never will when you first have to deal with such a great loss. But, after a time, it's okay. Life continues and drags you with it. Drags and pulls until it finally drops your death off at somebody else's door. And they too will eventually find a place for that relationship.

I think what bothers me the most is that I can't call him up, write an email, or a letter just to say hello. Or, rather, I could do that, but there is no response. Silence can be painfully loud.

I know something else that is painfully loud. I call it "banjo". Well, to be honest, not all banjo. But certainly mine. Still, I was playing it to honor him and to say hello. But I can't tell him that because he no longer answers; so, I'm telling you.

Hello. Pluck pluck pluck.



By Thornton Bowman
Executive Director